

# AUSTRALIAN GOLF SCHOOLS

ESTB 1979

## Not Everything You Read or Watch is Valid

***"The Secret To The Golf Swing Is Now Available! - Buy this Magazine! or - Purchase this special Dvd to find the answer to all your Golfing Woes"***

Ok, so now that we have your attention, how many times have you seen the advertisement above on relative marketing material?

So let's look at what we like to call: 'Idea Diarrhoea'.

Firstly let's get the golfing marketing phenomenon into perspective. - To make money they have to sell, to sell they have to entice you with glorified headings to stimulate your interest into thinking that some new concept or the latest superstar to hit the fairways with their newly famed coach, can enlighten you and add 30 metres to your drives.

When analysing these promo's, we notice that the methods and concepts are usually too idealistic or technical for most golfers or that it is simply a rewording of an article that has been used many times before.

With so many coaching 'methods' now available for perusal like, 'Stack & Tilt' - 'Right Side Swing' - 'Below the Shelf' - 'Natural Golf' - 'Squat' - 'One Plane' - 'Pure Swing' - e.t.c you can become extremely confused trying to involve these concepts into your swing.

One of the old time great coaches said he had never seen a good player successfully change his swing after

## What a Story

Brian is a perfect example of living a dream and tackling adversity. Read his full story

[HERE](#)



## Get Golf Fit

The stretching and training exercises provided by "The Swing Lab" Golf Performance Centre.

he was 18 years old. I have seen only one - Nick Faldo!

On the other hand we have seen many great players totally disappear as a result of such swing change attempts. Ian Baker-Finch is possible the most dramatic example.

Some coaching 'methods' may suit certain players but certainly not all. If you are like most golfers endlessly searching for 'the secret' and can't give up reading instruction books and articles at least try to apply the following questions before totally committing;

Will these methods help me,

\*watch the ball until impact?

\*have my weight move with the motion?

\*accelerate the club head through impact.

If you do not get a positive answer to at least one of the three questions then the idea is probably not valid.

Australian Golf Schools coaching procedure has always been to assist the pupil to improve by utilising their own natural ability.

We want you playing with a freedom of movement attitude. Striving to play the game subconsciously. Achieve this, and your biggest concerns on the course will be club selection rather than what swing will I try today.

### Putting Insight

Saturday's play of the Australian P.G.A Championships:- in one of the final groups were players Peter Senior, Robert Allenby & Andre Stolz.

What is the big deal I hear you say?

Well if you looked at the 3 players putting techniques and you are new to the game, or you are looking for inspiration, you could certainly be confused.

[Peter Senior](#) - Uses a Broomstick Putter which sits

gives useful examples on how to become Golf Fit and to help increase freedom of movement. Our motto

"Golf for Life" is not always just linked to the game of golf, but in general a healthier life also.



You are welcome to save the file to your computer or better still, print it out. [Click Here](#)

### Golf School Dates

Due to demand during 2010 we have operated almost every week and anticipate that continuing through 2011. We now have 8 coaches available at our Gold Coast base so we can almost certainly accommodate you at any time that suits you.

2 and 3 day weekend schools are proving popular for pupils with time constraints. Anyone with short game problems should consider doing this as we have a superb short game coaching area and two of the best short game coaches in the

under the chin with his hands seperated on the club.

**Robert Allenby** - Uses a conventional length putter with a claw grip to help keep his hands from yipping through the stroke.

**Andre Stolz** - Uses a conventional grip but has a belly length putter which sits into his stomach which he uses to maintain a pendulum stroke.

Each method is obviously effective otherwise they wouldn't be leaders in the tournament. Their fundamentals are the same though. [Read More Here](#)

[www.australiangolfschools.com.au](http://www.australiangolfschools.com.au)

world.

We are now accepting bookings for 2011. [Click Here](#) to submit your preferred dates

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